



The Castle Partnership Trust

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Whole School Food Policy

Date: September 2014

Purpose

To ensure that lunches provided meet the standards prescribed in the statutory standards.

To ensure that all aspects of food and nutrition at the Trust promote the health and wellbeing of students, staff and visitors to the school.

To acknowledge the importance to the learning process of fitness, health & diet.

Key Points

- The Whole School Food Policy and its implementation is reviewed by the Governing Body.
- The Trust actively supports healthy eating and drinking throughout the school day.
- Students are encouraged to contribute to the Whole School Food Policy.
- To encourage an active link between food and drink provision and the appropriate curriculum areas.
- The Governing Body establishes the standards for free school meals and monitors this content, cost and provision.

Whole School Food Policy

The objectives of having a whole school policy are to ensure that:

- Students have sufficient information about food and nutrition to allow them to make informed choices about what they eat and drink, both in and out of school.
- The appointed school caterer provides healthy goods in sufficient quantity.
- Vending machines sell only healthy options.
- Students are able to contribute to discussions with the catering contractor to determine what is sold, so long as requests comply with this policy.

The role of the contractor

The successful contractor in each school will be provided with extensive documentation specifying the school's requirements. The documentation will give specific information about healthy eating and the Trust's Whole School Food Policy. All the contractors' staff will be expected to have the appropriate food hygiene certification.

It is expected that each contractor will try to increase the take up of healthy food and drink each year. It is expected that the contractor will advertise products and fully involve students and staff in determining what food and drink is served on the premises.

It has been agreed that each contractor will provide a service before, during and after school hours (by agreement).

The contractors will be expected to cater for individual dietary needs.

Governors

Governors and the Trust's leadership teams will determine the length of any contract to provide food. Such a decision will comply with best value advice as well as the Academies' Financial Handbook. Governors will also determine the successful criteria for the appointing process which will take account of quality, innovation and delivery and not just finances.

The Trust

The Trust's curriculum actively contributes to the Whole School Food policy by providing information about healthy eating, nutrition and exercise. Healthy lifestyles are an important element of the PHSE, PE and Food curricula.

Both schools have agreed that students must stay on site during the lunchtime period unless prior approval has been obtained. This will encourage students to have access to healthy food.

Students will be encouraged to let the caterers have feedback about the service provided. The caterers will be invited to attend meetings of the school council.

Both schools and their respective catering contractors will endeavour at all times to ensure that students have access to adequate supplies of water and will encourage students to drink water on a regular basis.